



TECHNOLOGY AND LIVELIHOOD EDUCATION

FCS - GARMENTS

Grade 9 or 10

**Three-Term Budget Of Work (BOW)
for Learning Competencies**

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FCS
Grade 9 and Grade 10

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For Learning Competencies

Please note that each sector under TLE: FCS is studied for one term. This is applicable under Grades 9 and 10.

Term	
Sector	Garments
Performance Standard	The learners make upper garments following the safety precautions. The learners make a lower garment following the safety precautions. The learners sell finished garment products.
Content Standard	• Demonstrate an understanding of the concepts and principles of making upper garments. • Demonstrate an understanding of the concepts and principles of making lower garments. • Demonstrate an understanding of the concepts and principles of selling finished garment products.
Week	Learning Competency
1	• Discuss the concepts related to the garment industry.
2	• Identify the types, styles, and parts of upper garments.
3	• Explain the procedures for drafting and cutting patterns.
4	• Discuss the procedures for preparing and cutting fabric.

5	Explain the procedures for assembling upper garments.		
6	Discuss procedures in making upper garments and finishing touches.		
7	Produce upper garments or mini dresses with safety precautions.		
8	Identify the types, styles, and parts of lower garments.		
9	Apply procedures in making lower garments following the safety precautions.		
10	Perform selling of finished garment products.		
<table border="1"> <tr> <td style="vertical-align: top; width: 25%;">Suggested Activities</td><td> Upper Garment Construction Activity - Create an upper garment or mini dress by following proper drafting, cutting, assembling, and finishing procedures while observing safety precautions. - Learn about the garment industry, types and styles of garments, and the step-by-step production process. Garment Identification - Discuss the types of lower garments (pants, shorts, skirts, culottes, etc.).. - Identify the styles and parts of each garment (waistband, hem, pleats, pockets, zippers). Garment Product Selling Simulation - Sell their finished garments in a simulated or real market setting, applying proper customer service, pricing, and marketing strategies. </td></tr> </table>		Suggested Activities	Upper Garment Construction Activity - Create an upper garment or mini dress by following proper drafting, cutting, assembling, and finishing procedures while observing safety precautions. - Learn about the garment industry, types and styles of garments, and the step-by-step production process. Garment Identification - Discuss the types of lower garments (pants, shorts, skirts, culottes, etc.).. - Identify the styles and parts of each garment (waistband, hem, pleats, pockets, zippers). Garment Product Selling Simulation - Sell their finished garments in a simulated or real market setting, applying proper customer service, pricing, and marketing strategies.
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