



# **AESTHETIC SERVICES (BEAUTY CARE)**

**TECHNICAL-PROFESSIONAL**

## **Grade 12**

**Three-Term Budget Of Work (BOW)  
for Learning Competencies**

**TECHNICAL-PROFESSIONAL  
AESTHETIC, WELLNESS, AND HUMAN CARE  
Grade 12**

**Three-Term Budget Of Work  
For Learning Competencies**

*Please note that each Tech-Pro elective is completed in one term if delivered at Grade 12.*

| <b>Elective</b>             | <b>Aesthetic Services (Beauty Care)</b>                                                      |                                                                                                                                                                                                                                                                                                                                               |
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| <b>Prerequisite</b>         | <b>None</b>                                                                                  |                                                                                                                                                                                                                                                                                                                                               |
| <b>Performance Standard</b> | The learners perform nail care procedures.                                                   |                                                                                                                                                                                                                                                                                                                                               |
| <b>Content Standard</b>     | The learners perform nail care procedures.                                                   |                                                                                                                                                                                                                                                                                                                                               |
| <b>Week</b>                 | <b>Learning Competency</b>                                                                   | <b>Suggested Activities</b>                                                                                                                                                                                                                                                                                                                   |
| <b>1</b>                    | <ul style="list-style-type: none"> <li>Discuss principles of beauty care services</li> </ul> | <p><b>Activity 1: Beauty Care Principles Brainstorm</b><br/>Task: In groups, list and discuss the principles of beauty care services and how they impact client satisfaction.</p> <p><b>Activity 2: Beauty Care Case Analysis</b><br/>Task: Analyze scenarios where beauty care principles are applied or ignored, and suggest solutions.</p> |
|                             | <ul style="list-style-type: none"> <li>Discuss beauty care services</li> </ul>               | <p><b>Activity 1: Beauty Services Presentation</b><br/>Task: Research one type of beauty care service and present its benefits and applications to the class.</p> <p><b>Activity 2: Services Comparison Discussion</b><br/>Task: Compare and contrast different beauty services and identify target clientele for each.</p>                   |

| Week                              | Learning Competency                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | Suggested Activities                                                                                                                                                                                                                                                                           |
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| 2                                 | <ul style="list-style-type: none"> <li>Explain the importance of understanding the nail anatomy</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                  | <p><b>Activity 1: Nail Anatomy Diagram</b><br/>Task: Label the parts of a nail on a diagram and explain the function of each part.</p> <p><b>Activity 2: Nail Anatomy Quiz</b><br/>Task: Complete a short quiz testing knowledge on nail structure and its relevance in nail care.</p>         |
|                                   | <ul style="list-style-type: none"> <li>Discuss the importance of safety and hygiene practices</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                    | <p><b>Activity 1: Hygiene Demonstration Practice</b><br/>Task: Demonstrate proper sanitation techniques for tools, workspace, and client interaction.</p> <p><b>Activity 2: Hygiene Role Play</b><br/>Task: Simulate client-service scenarios highlighting safety and hygiene protocols.</p>   |
| 3                                 | <ul style="list-style-type: none"> <li>Perform spa and nail care procedures following industry standards</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                         | <p><b>Activity 1: Manicure &amp; Pedicure Lab</b><br/>Task: Perform basic manicure and pedicure procedures following industry standards.</p> <p><b>Activity 2: Peer Evaluation</b><br/>Task: Evaluate a classmate's nail care procedure using a checklist of safety and quality standards.</p> |
| <b>Suggested Performance Task</b> | <ul style="list-style-type: none"> <li><b>Individual Performance Task: Spa and Nail Care Procedure Guide</b><br/><b>Task:</b><br/>Choose <b>one spa or nail care service</b> (e.g., manicure, pedicure, hand spa, foot spa). List the <b>step-by-step procedure</b> and include proper hygiene, safety, and sanitation practices.</li> <li><b>Group Task: Spa and Nail Care Demonstration</b><br/><b>Task:</b><br/>As a group, perform a <b>basic spa or nail care service</b> following industry standards. Demonstrate proper:</li> </ul> |                                                                                                                                                                                                                                                                                                |

| Week                        | Learning Competency                                                                                                                                             | Suggested Activities                                                                                                                                                                                                                                                                                             |
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|                             | <ul style="list-style-type: none"> <li>Client preparation</li> <li>Tool sanitation</li> <li>Step-by-step service procedure</li> <li>Aftercare advice</li> </ul> |                                                                                                                                                                                                                                                                                                                  |
| <b>Performance Standard</b> | The learners perform skincare services.                                                                                                                         |                                                                                                                                                                                                                                                                                                                  |
| <b>Content Standard</b>     | The learners demonstrate an understanding of skincare services.                                                                                                 |                                                                                                                                                                                                                                                                                                                  |
| <b>4</b>                    | <ul style="list-style-type: none"> <li>Discuss skincare concepts and safety considerations for skincare services</li> </ul>                                     | <p><b>Activity 1: Skin Types Discussion</b><br/>Task: Identify common skin types and conditions and discuss precautions for each during skincare services.</p> <p><b>Activity 2: Skincare Case Study</b><br/>Task: Analyze client scenarios to determine safe and effective skincare approaches.</p>             |
|                             | <ul style="list-style-type: none"> <li>Discuss tools, equipment, and products used in skincare services</li> </ul>                                              | <p><b>Activity 1: Skincare Tools Show &amp; Tell</b><br/>Task: Present skincare tools and products and explain their functions and proper usage.</p> <p><b>Activity 2: Tools Matching Exercise</b><br/>Task: Match tools, equipment, and products to their correct use in skincare procedures.</p>               |
|                             | <ul style="list-style-type: none"> <li>Explain the different skincare procedures</li> </ul>                                                                     | <p><b>Activity 1: Procedure Presentation</b><br/>Task: Present a specific skincare procedure including steps, purpose, and safety precautions.</p> <p><b>Activity 2: Skincare Flowchart</b><br/>Task: Create a flowchart showing the sequence of steps in a skincare procedure highlighting safety measures.</p> |

| Week                        | Learning Competency                                                                                                            | Suggested Activities                                                                                                                                                                                                                                                                                                                   |
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| 5                           | <ul style="list-style-type: none"> <li>Perform basic skincare procedures by following safety industry standards</li> </ul>     | <p><b>Activity 1: Facial Procedure Lab</b><br/>Task: Perform a basic facial procedure following industry safety standards.</p> <p><b>Activity 2: Reflection Journal</b><br/>Task: Write a reflection on challenges faced and how safety standards were applied during the procedure.</p>                                               |
|                             | <ul style="list-style-type: none"> <li>Create innovative and sustainable basketry products using weaving techniques</li> </ul> | <p><b>Activity 1: Innovative Basket Design</b><br/><b>Task:</b> Design and create a basket using sustainable materials and innovative weaving techniques.</p> <p><b>Activity 2: Group Creative Project</b><br/><b>Task:</b> In groups, design and produce a unique basket product that is functional, sustainable, and decorative.</p> |
| <b>Performance Standard</b> |                                                                                                                                | The learners perform simple makeup and special occasion makeup following safety guidelines in makeup services.                                                                                                                                                                                                                         |
| <b>Content Standard</b>     |                                                                                                                                | The learners demonstrate an understanding of the basic concepts in makeup services.                                                                                                                                                                                                                                                    |
| 6                           | <ul style="list-style-type: none"> <li>Discuss key concepts of makeup services</li> </ul>                                      | <p><b>Activity 1: Makeup Services Brainstorm</b><br/>Task: List and discuss different types of makeup services and their applications.</p> <p><b>Activity 2: Makeup Video Analysis</b><br/>Task: Watch makeup tutorials and identify techniques, tools, and products used.</p>                                                         |
|                             | <ul style="list-style-type: none"> <li>Discuss the functions of makeup products, tools, and equipment</li> </ul>               | <p><b>Activity 1: Tool &amp; Device Brainstorm</b><br/><b>Task:</b> List and discuss different types of products, tools, and equipment</p>                                                                                                                                                                                             |

| Week                              | Learning Competency                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Suggested Activities                                                                                                                                                                                                                                               |
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|                                   | <ul style="list-style-type: none"> <li>Demonstrate makeup application techniques following safety guidelines in makeup services</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | <p><b>Activity 1: Product Identification</b><br/>Task: Identify makeup products and tools, explaining their functions and uses.</p> <p><b>Activity 2: Makeup Function Quiz</b><br/>Task: Complete a quiz matching products and tools to their correct purpose.</p> |
| <b>Suggested Performance Task</b> | <ul style="list-style-type: none"> <li><b>Individual Performance Task: Makeup Application Safety Guide</b><br/><b>Task:</b><br/>Explain the <b>basic makeup application steps</b> and identify <b>at least five safety guidelines</b> (e.g., hygiene, skin testing, tool sanitation, product checking, avoiding cross-contamination).</li> <li><b>Group Task: Basic Makeup Application Demonstration</b><br/><b>Task:</b><br/>As a group, perform a <b>basic makeup application</b> (e.g., natural day makeup). Show proper techniques while strictly observing <b>safety and hygiene standards</b> such as: <ul style="list-style-type: none"> <li>Sanitizing brushes and tools</li> <li>Skin preparation and consultation</li> <li>Proper product application</li> <li>Safe removal practices</li> </ul> </li> </ul> |                                                                                                                                                                                                                                                                    |
| <b>Performance Standard</b>       | The learners perform hairstyling following safety guidelines in hairstyling services.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                    |
| <b>Content Standard</b>           | The learners demonstrate an understanding of the principles, knowledge, skills, and attitude in hairstyling.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                    |
| <b>7</b>                          | <ul style="list-style-type: none"> <li>Discuss the of basic hairstyling</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | <p><b>Activity 1: Practical Makeup Lab</b><br/>Task: Apply basic makeup (foundation, eyes, lips) on</p>                                                                                                                                                            |

| Week | Learning Competency                                                                                                                         | Suggested Activities                                                                                                                                                                                                                                                                                 |
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|      |                                                                                                                                             | a model or mannequin following hygiene and safety rules.<br><br><b>Activity 2: Peer Feedback on Makeup</b><br>Task: Provide constructive feedback to classmates on makeup application technique and safety adherence.                                                                                |
|      | <ul style="list-style-type: none"> <li>Explain the function and use of hairstyling tools equipment, accessories, and consumables</li> </ul> | <b>Activity 1: Hairstyling Principles Discussion</b><br>Task: Discuss the fundamentals of hairstyling and its role in client satisfaction.<br><br><b>Activity 2: Hairstyling Observation</b><br>Task: Watch hairstyling demonstration videos and list the key techniques observed.                   |
| 8-9  | <ul style="list-style-type: none"> <li>Discuss the preparation techniques for hairstyling services</li> </ul>                               | <b>Activity 1: Tools Hands-On Identification</b><br>Task: Examine hairstyling tools, accessories, and consumables, and explain their proper use.<br><br><b>Activity 2: Tools Matching Exercise</b><br>Task: Match hairstyling tools to their correct function or hairstyling technique.              |
|      | <ul style="list-style-type: none"> <li>Perform hairstyling technique</li> </ul>                                                             | <b>Activity 1: Preparation Demonstration</b><br>Task: Observe and demonstrate client consultation, hair washing, and sectioning steps before styling.<br><br><b>Activity 2: Hairstyling Prep Practice</b><br>Task: Practice hair preparation techniques on mannequins following standard procedures. |

| Week                              | Learning Competency                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Suggested Activities                                                                                                                                                                                                                                                                                  |
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| 10                                | <ul style="list-style-type: none"> <li>Discuss the different hairstyling services according to client needs.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | <p><b>Activity 1: Practical Hairstyling Lab</b><br/>Task: Perform a basic hairstyle such as braiding, curling, or updo on a mannequin or model.</p> <p><b>Activity 2: Peer Assessment</b><br/>Task: Evaluate classmates' hairstyling technique using a rubric for accuracy, neatness, and safety.</p> |
| <b>Suggested Performance Task</b> | <ul style="list-style-type: none"> <li><b>Individual Performance Task: Hairstyling Technique Guide</b><br/><b>Task:</b><br/>Choose <b>one hairstyling technique</b> (e.g., blow-drying, curling, braiding, straightening, updo). Describe the <b>step-by-step procedure</b> and list the <b>tools and products</b> needed.</li> <li><b>Group Task: Basic Hairstyling Demonstration</b><br/><b>Task:</b><br/>As a group, perform a <b>hairstyling activity</b> using a chosen technique. Demonstrate proper use of tools, sectioning of hair, styling process, and finishing touches.</li> </ul> |                                                                                                                                                                                                                                                                                                       |